



CREATING CONFIDENT CAREGIVERS®

2016 CLASS SCHEDULES

Creating Confident Caregivers® is a six-week program for family caregivers of persons with dementia. It is designed to provide knowledge, skills, and information to improve caregiving for both the caregiver and the person with dementia. Participants must register for this free program, as class size is limited.

The following Area Agencies on Aging meet the AASA service standard for providing this evidence-based program. They monitor providers and participate in on-going training to ensure participants receive a quality program. Please contact the Area Agency on Aging staff listed to register or inquire about future dates or other locations.

[Detroit Area Agency on Aging](#) – *Cities – Detroit, Hamtramck, Highland Park, Grosse Pointe, Grosse Pointe Park, Grosse, Pointe Shores, Grosse Pointe Woods, Grosse Pointe Farms, Harper Woods*

For upcoming programs, contact Anita Kanakarlis at (313) 446-4444 or email info@daaa1a.org

[Area Agency on Aging 1-B](#) – *Counties – Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw*

Tuesdays, July 12, 19, 26 & August 2, 9, 16, 2016

Catholic Social Services of Washtenaw

The Oaks Adult Day Service Program at Ann Arbor Church of Christ

2500 S. Main

Ann Arbor, MI 48103

10 a.m. – 12 p.m.

Wednesdays, August 3, 10, 17, 24, 31 & Sept 7, 2016

Frenchtown Senior Citizen Services, Inc.

2786 Vivian Road

Monroe, MI 48162

10 a.m. – 12 p.m.

Thursdays, August 4, 11, 18, 25 & Sept 1, 8, 2016
Evangelical Homes of MI
The Memory Support Center at Brecon Village
101 Brecon Drive
Saline, MI 48176
1 p.m. – 3 p.m.

Contact the Area Agency on Aging 1-B at 800-852-7795 to register and for more information.

[Region 3-A Area Agency on Aging](#) – *County – Kalamazoo*

Wednesdays, August 17, 24, 31, September 7, 15, and 21, 2016
Vicksburg District Library
215 S. Michigan Ave. Vicksburg, MI 49097
4:30 - 6:30 pm

Tuesdays, October 18, 25, November 1, 15, 22, & 29
Oshtemo Public Library
7265 W Main St., Kalamazoo, MI 49009
2 - 4:00 pm

Contact Patti Stratton, LLMSW, at 269-373-5141 Email: psstra@kalcounty.com

[Region IV Area Agency on Aging](#) – *Counties – Berrien, Cass, Van Buren*

Wednesdays, July 6 through August 10, 2016
Lakeland Hospital
31 N St. Joseph Avenue, Niles
5:30 - 7:30 pm

Mondays, August 8 through September 19, 2016
Ed Lowe Center
60525 Decatur Road, Cassopolis
10:00 am - 12:00 pm

Mondays, August 15 through September 26, 2016
Greater Niles Senior Center
1109 Bell Road, Niles
10:00 am - 12:00 pm

To register, contact Tracy at (269) 983-0177 or toll free at (800) 442-2803.

Tri-County Office on Aging – *Counties – Clinton, Eaton, Ingham*

Wednesdays, Aug 17 through Sept. 21, 2016
Hilliard Building
Mason
2:00 – 4:00 pm.

Contact Linda Davis at 517-887-1447 or email davis@tcoa.org

Region 9 Area Agency on Aging – *Counties – Alcona, Arenac, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon*

Wednesdays, July 6 through August 10, 2016
Crawford County Council on Aging
10:00 AM - Noon
Call to register: 989.348.7123

Tuesdays, August 2 through September 6, 2016
Otsego County COA
6:00 PM – 8:00 PM
Call to register: 989.732.1122

<http://www.otsegocountycoa.org/Createconf.cfm>

Contact Region 9 Area Agency on Aging at 989-356-3474 for program information.

Area Agency on Aging of Northwest Michigan – *Counties – Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford*

Tuesdays, July 26, August 2, 9, 16, 23, & 30, 2016
Area Agency on Aging of Northwest Michigan
1609 Park Drive, Traverse City, MI 49696
5:30 - 7:30 pm

Contact Sharon at 1-800-442-1713 or 231-947-8920 to register or for more information

Upper Peninsula Area Agency on Aging (UPCAP) – *Counties – Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft*

Contact Tammy Rosa at 1-800-338-7227 to register. Dial 2-1-1 or visit us on the web at www.upcap.org for program information.

